

Weekly Thematic Unit: Valuable Vegetables

Sing Along Songs

Carrots Peas and Broccoli

(Sung to: Twinkle, Twinkle Little Star)

Carrots, Peas, and Broccoli,
Vegetables are good for me.
For my snack and in my lunch,
Veggie sticks are great to munch.
Carrots, Peas, and Broccoli,
Vegetables are good for me.

I Like To Eat...

(Sung to: I Like To Eat Apples and Bananas)

I like to eat, eat, eat, broccoli and carrots,
I like to eat, eat, eat, broccoli and carrots

I like to eat, eat, eat potatoes and green beans
I like to eat, eat, eat potatoes and green beans

I like to eat, eat, eat squash and zucchini
I like to eat, eat, eat squash and zucchini

Veggies Many Ways

(Sung to: Mary Had a Little Lamb)

We eat veggies many ways
Whole or sliced
Even diced
Put them all together, do we dare?
Vegetables soup for us to share.

Crunchy Vegetables

(Sung to: Are You Sleeping)

Orange carrots, orange carrots
In a bunch, in a bunch
Take a bite, take a bite
Crunch, crunch, crunch.
Crunch, crunch. Crunch!

Broccoli, broccoli
In a bunch, in a bunch
Take a bite, take a bite
Crunch, crunch, crunch.
Crunch, crunch. Crunch!

Little Apples

(Sung To: Ten Little Indians)

One little, two little, three little corn cobs,
Four little, five little, six little corn cobs,
Seven little, eight little, nine little corn cobs.
All fell to the ground.

Growing Vegetables

(Sung to: Row, Row, Row Your Boat)

Plant, plant, plant the seeds,
Plant them in the sun.
Water them, water them,
Water them, water them.
Growing's so much fun!